

4-1-2,3

Feelometer

Grade Level	Fourth
Minimum Time Required	30 Minutes
Materials/Resources	Worksheet "Feelometer", Colored pencils
Subject Area(s)	Guidance

Project Description:

1. Distribute the worksheet to the students and explain that it is time to evaluate what is happening in school and with friends. Ask students to complete the worksheet.
2. Ask questions such as:
 - a. Did family changes affect your progress or interest in school? How?
 - b. Were there changes with friends?
 - c. How did your friends react to your family change? Did you feel comfortable telling them?
 - d. If your family has added new members, how have your feelings about people who have always been in your family changed?

Career Development Standard	Knowledge of the importance of self-concept.
Career Development Indicator	Identify how behaviors affect school and family situations. Describe how behavior influences the feelings and actions of others.
Delivery Level	Review
Academic Standards	
Language Arts	3.1.b identify helpful listening techniques used in decision-making situations. 4.1.b present information in a clear and logical form.
Employability/SCANS Skills	Basic Skills Interpersonal Skills
Assessment/Rubric	Students will be evaluated on class participation.

Submitted by: NCDG Elementary Group

FEELOMETER

How are you feeling about school?		Very happy Glad Half happy/sad Sad Very unhappy
How are you feeling about friends?		Very happy Glad Half happy/sad Sad Very unhappy
How are you feeling about family?		Very happy Glad Half happy/sad Sad Very unhappy